
MAIN POINTS

THEME 1: Ensouling the Environment: Understanding and Experiencing the Dynamics of Consciousness in our Environment

Lesson 1: Nature's Intelligence and Organizing Power: “Agreeing with the Culturing Intelligence of Total Natural Law”

WHOLENESS OF THE LESSON

Consciousness Based Agriculture and Environmental Relationships is *Brahma Vidya*, the knowledge of Totality, the knowledge and experience of wholeness.

Like the seed contains the whole tree, this lesson contains the seed knowledge, principles, relationships and vision for the whole course. It presents the main theme of Maharishi Vedic Agriculture and Environmental Relationships—“Agreeing with the Culturing Intelligence of Total Natural Law.” The lesson presents our natural world as alive, conscious, aware, interactive, communicative, and dynamic. It introduces us to one of life’s most rewarding and intimate relationships, the relationship with the natural world around us. This relationship is what it means to be a Vedic Farmer or Environmentalist.

MAIN POINTS

1. Nature is a living Being—conscious, interactive, intelligent, communicative and capable of a profound and meaningful relationship with man.
2. When we learn to “agree with the culturing intelligence of Total Natural Law,” then Nature and man exist together, in a holistic relationship. The intelligence of that wholeness is what guides and upholds all of the parts that make up the relationship. When man is able, through proper knowledge, principles of action, and nourishing relationships, to become an integral part of the wholeness of nature, then he shares in the entire intelligence of nature, and enjoys its infinite support in his activities.
3. The knowledge of Maharishi Vedic Agriculture and Environmental Relationships come from the Vedic Tradition of India through Maharishi Mahesh Yogi, who has given us this wisdom of integrated life. The speech of a Master like Maharishi, is authentic, filled with truth, and transforming.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Nature is alive, conscious, intelligent, communicative and interactive.
 2. Man is capable of entering into a relationship with nature that is mutually supportive and nourishing, connecting most intimately with Nature from their unified source in the field of consciousness.
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3. Transcendental Consciousness is the Self of all Beings, making it the common source of both man and every other living expression, uniting all things as children of the same Mother.
 4. Impulses within the transcendental field: The laws of nature, existing in their unmanifest form in the Unified Field of Natural Law, express the same reality as the impulses of the Veda existing in the field of our own pure consciousness. These two different terminologies express the same reality, that all physical existence and all dynamic forces and relationships all have their common source in the Unified Field of Consciousness.
 5. Wholeness moving within itself: In Unity Consciousness, the world is seen as a unified expression of our own Self, our own pure consciousness. There is only one, holistic, unified system of which all things are only the parts.

Lesson 2: Plant Awareness, Communication, and Behavior: Understanding Nature's Interactions as the Basis for Man's Connection to his Environment.

WHOLENESS OF THE LESSON

Plants are living beings; they are conscious, aware, intelligently interactive, purposeful, and dynamically active in maintaining their own integrity. As such they are significant contributors to the holistic value of the environment, and life giving allies to our farming and environmental activities.

MAIN POINTS

1. Nearly every expression of intelligence we find in our human world, has been foreshadowed in the world of plants.
2. Plant behavior is on a different time and distance scale than human and animal behavior. Therefore, it is difficult for us to comprehend how a 5,000-year-old tree is thinking, behaving, and understanding, as it has stood there steady throughout the waves of human history.
3. Plant communication may be in a "language" different than our own, but its precision and intricacy makes it no less effective in organizing life.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Examined closely and with refined and diligent perception, plants have a life as beautiful and intricate as our own. Their behavioral patterns reflect an intelligent life, lived and cultured in the full richness of their ancient history.
 2. Plants communicate and interact through intelligence and purposeful behavior, creating a vast web of intelligent interactions, which gives the environment its richness.
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3. Transcendental Consciousness is the source, course, and goal of all the intelligent interactions found in nature.
 4. Impulses within the transcendental field: The same 8-fold intelligent dynamics found within consciousness itself, at its most fundamental level, are directly and concretely expressed in the behavior of the members of the plant kingdom.
 5. Wholeness moving within itself: In Unity Consciousness, all life comes together to create an intimate wholeness of experience, where no part is seen to be any less than any other part and all parts are valued for their essential contribution to wholeness.

Lesson 3: The Web of Life: Integrated Man, Plant and Nature Interactions to Create Sustainable, Holistic Systems

WHOLENESS OF THE LESSON

All living systems are self-referral, self-aware, and intelligent. Each living entity is both an individual system in itself, and part of a greater system. The holistic intelligence of any system guides, nourishes and supports the intelligence of all its parts. All systems together make up the system of the universe, a massive web of life dynamically interacting within itself, as systems interact with systems.

MAIN POINTS

1. All living systems are self-referral, self-aware, and intelligent. They all express the qualities of mind, intellect, and ego, which are all necessary for self-preservation and evolution.
2. Man, plants and animals exist in mutually beneficial relationships. They are all part of a holistic web of life, which is an intricate matrix of dynamic intelligence, with all things interdependent and contributing.
3. The whole is more than the sum of the parts. The behavior of the whole is a new and emergent behavior which goes beyond the behavior of any individual part.
4. The Earth is a special living Being, whose intelligence is more than the sum of all its components. Recognition of this is essential for the health and wellbeing of mankind.
5. The Vedic *mahavakyas* define and describe our growing perception of the environment as our consciousness evolves.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Every living thing exhibits the qualities of self-referral, self-awareness and intelligence, and has the functional qualities of mind, intellect, and ego.
 2. All the individual parts of any system are part of a greater wholeness. The behavior of the whole system goes beyond the behavior of any individual part and exhibits new and emergent behaviors which can evolve the system as a whole.
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3. Transcendental Consciousness is at the core of any system, both in terms of its parts and for the system as a whole. It is the underlying foundation of any system.
 4. Impulses within the transcendental field: The 8-fold internal dynamics of the transcendental, unified field express the nature of that field to be both holistic and divided at the same time.
 5. Wholeness moving within itself: the Earth is a holistic system and all the parts of that system live and evolve within that system.

Lesson 4: Consciousness-Based Environmental Relationships: The Individual is Cosmic—Connecting Ourselves to the Ultimate Level of Sustainability in our Environment

WHOLENESS OF THE LESSON

Maharishi Vedic Agriculture is an approach to agriculture where the farmer farms from the field of a unified awareness. His conscious intelligence is fully in tune of Total Natural Law, and as such, he is not acting as limited individual, but fully representing the totality of cosmic intelligence. He is an individual, but living and acting as an embodiment of cosmic intelligence. In this manner, with this comprehensive intelligence, he does not make mistakes, and does not create problems for himself or for his society and environment.

MAIN POINTS

1. The individual is cosmic. Cosmic intelligence is his inherent nature. His physiology is a reflection of cosmic physiology, his mind the reflection of cosmic mind, his consciousness fully imbibing cosmic consciousness.
2. There is one solution to all problems, and there is only one solution to any problem. This is because problems all originate from violation of natural law, they originate from the part of the system being out of tune with the intelligence and organizing power of the whole system. Restoring universality to individuality, prevents individuality from making a mistake in its relationship to the greater wholeness
3. Because the individual man is really cosmic, and has a relationship to the cosmic wholeness, Man, as an individual, is a key factor in creating either balance or imbalance in the environmental system. Man occupies a unique position as the regulator of natural law.
4. The home garden presents an opportunity for the individual gardener to create a relationship with his environment. It allows man to create a personal relationship with his food, his surroundings, and the intelligence operating in those surroundings. It is a simple and unique opportunity to connect his individuality with a greater wholeness, and thus by expanding his individuality, creates in him a sense of great satisfaction and happiness.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. All problems have their source in the violation of natural law. Perfect attunement with the intelligence of nature allows us to prevent any problem from happening, because the holistic intelligence of nature spontaneously computes every action in such a manner to benefit of all the components of nature.
 2. Because the individual and cosmic values of life are united at their source in consciousness, consciousness provides a unique and effective bridge, not to allow the individual to become cosmic, but to allow the individual to realize that he *is* cosmic.
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3. Transcendental Consciousness is an experience on the basis of which the individual consciousness realizes that it is nothing other than universal intelligence.
 4. Impulses within the transcendental field: activity is individual, consciousness is universal. When activity is experienced within universality, then the actor realizes that he is nothing other than the universality at the source of his activity.
 5. Wholeness moving within itself: the experience of action within the field of consciousness is an experience that all doing is actually only the movement of non-doing. Consciousness alone is, that everything happens within that field alone.

Lesson 5: Consciousness, the Unified Field, and the Physical Creation: Structure and Function from the Perspective of Modern Science (2 Units)

WHOLENESS OF THE LESSON

Modern Science has discovered a single, unified source of all the fundamental particles and forces in nature. This Unified Field of Natural Law, is a lively field of all possibilities, the fountain head of our whole manifest universe. However, the approach of modern science has been limited to only the objective side of life, leaving the essential relationship between man and his world out of the picture. This lack of wholeness of life has resulted in all the hazards that modern science, modern agriculture and modern medicine have created. Combining objectivity with the subjectivity of Maharishi's Vedic Science, results in a balanced and fulfilled life for the individual and the society.

MAIN POINTS

1. The Unified Field Chart for Physics graphically illustrates the relationship between the Unified Field of Natural Law and all its more elaborated expressions at all levels of creation. It presents the relationship of each of the parts of creation to each other, and to their common source in the Unified Field.
2. Neither the subjective or the objective approach to gaining knowledge is really self-sufficient in itself. However, when they are unified in Maharishi's Vedic approach to gaining knowledge, then complete and fulfilling knowledge and experience are possible.
3. The different knowledge and understanding of life that these two approaches to knowledge provide can be bridged by the common realization that everything, in its essential reality, is a vibration or resonance of an underlying, abstract, unified field.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Creation can be viewed as a hierarchical, sequentially unfolding expression of fundamental particles and forces, originating in the Unified Field of Natural Law.
 2. A deeper understanding and experience of Nature, however, shows that ultimately, all objectivity has its source in pure subjectivity, which is the Unified Field of Consciousness. Only when these two knowledges are combined, does life gain full and complete meaning.
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3. Transcendental Consciousness is the Unified Field of all the Laws of Nature, which, from within itself, from its own unmanifest nature, it generates the whole creation.
 4. Impulses within the transcendental field: The laws of nature, existing in their unmanifest form in the unified field of Natural Law, express the same reality as the impulses of the Veda existing in the field of pure consciousness. Two different terminologies express the same reality, that all physical existence and all dynamic forces and relationships all have their common source in the transcendental field of consciousness.
 5. Wholeness moving within itself: In Unity Consciousness, subjectivity and objectivity are united in a unified experience of consciousness. All perception and experience are experienced as fabrics of the one wholeness which I am.

Lesson 6: Consciousness, the Unified Field, and the Physical Creation: Structure and Function from the Perspective of Vedic Science

WHOLENESS OF THE LESSON

Maharishi's Vedic Science views the unfoldment of creation in terms of an ever evolving expression of consciousness, as *Atma*, or our own Self, sequentially unfolds as *Veda*, *Shira*, *Vishwa*, *Brahma*, or Natural Law, physiology, the environment and wholeness. Within and throughout that evolving structure, there are eight fundamental organizing principles, known as the eight *prakritis*, present at each level, to guide and motivate the unfoldment. By handling these 8 fundamental organizing principles in Nature, Maharishi Vedic Organic Agriculture and Environmental Relationships employs the skilled hand of Nature—total Natural Law—to quietly organize the infinitely complex network of factors influencing agricultural production.

MAIN POINTS

1. Creation is structured in layers of wholeness, sequential expressions of the same fundamental value of pure consciousness.
2. *Bhagavad Gita* beautifully expresses that the unbounded, unified, absolute level of life, actually has an eightfold divided nature, inherent within its absolute nature. This divided value of pure unity comprises 8 fundamental organizing dynamics of natural law, which are present at every level of creation, from pure consciousness to the far reaches of the physical universe. All life is connected through these 8 fundamental dynamics of consciousness, because they are the same organizing principles found and expressed in every living and nonliving entity. They are the fundamental building blocks from which life is built.
3. The balanced and integrated expression of the 8 *prakritis* gives rise to the experience of unity in both man and in the environment.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Nature is infinitely varied, seeming to express an infinite range of intelligence at the basis of all its expressions.
 2. A deeper understanding and experience of Nature, however, shows that ultimately, there are 8 most fundamental dynamics of nature's functioning, which arise from the very nature and structure of the unified field of consciousness itself.
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3. Transcendental Consciousness is the source, course and goal of all the intelligent dynamics found in nature.
 4. Impulses within the transcendental field: Pure consciousness, a seemingly abstract field of pure unity, has, within itself, an internal 8-fold dynamics and structure, which forms the blueprint of all structure and function at every level of creation.
 5. Wholeness moving within itself: In Unity Consciousness, we have a unified vision and experience of the eightfold structure and dynamics that create, guide, and transform everything in our environment.

Lesson 7: Maharishi Vedic Agriculture and Environmental Relationships: Origin, Nature, Purpose and Principles

WHOLENESS OF THE LESSON

Maharishi Vedic Agriculture and Environmental Relationships is a completely new paradigm in man's relationship with the environment, and in his practice of food production. Vedic Agriculture and Environmental Relationships is intimately concerned with the integrated and balanced link between man's intelligence and nature's intelligence. Vedic Agriculture is all about developing an agreeable relationship with nature. Vedic Agriculture connects individual life with cosmic life: *Yathā Piṇde Tathā Brahmāṇde*. It employs a consciousness-based approach, where we enter into a mutually supportive relationship with nature and utilize nature's infinite intelligence and organizing power to support our individual activities. It reunites man and nature from their common source in consciousness.

MAIN POINTS

1. Maharishi Vedic Agriculture and Environmental Relationships has its basis in Maharishi's Vedic Science, the knowledge of which comes from the Vedic tradition of India, the world's oldest and most respected tradition of knowledge
2. Maharishi Vedic Agriculture and Environmental Relationships is a holistic approach, combining both the objective and subjective approaches to knowledge in an intimate relationship with nature, taping nature's intelligence and organizing power and bringing them into our farming activities
3. Maharishi Vedic Agriculture recognizes that nature is the true farmer, and that support of nature is the most essential ingredient in any farming activity.
4. Maharishi Vedic Agriculture and Environmental Relationships is a spiritual approach to agriculture, whose practices connect man to the divine intelligence at the basis of all transformations in nature, allowing man to participate in the dynamic wholeness that comprises nature itself.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Maharishi Vedic Agriculture and Environmental Relationships is a systematic approach to working with nature in a harmonious and efficient manner.
 2. In Maharishi Vedic Agriculture and Environmental Relationships, man's intelligence becomes linked to the intelligence of Total Natural Law, giving the farmer or environmentalist complete access to the intelligence at the basis of all of nature's functioning. This means that that his or her actions become coordinated and supported by Total Natural Law.
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3. Transcendental Consciousness is the source course and goal of Maharishi Vedic Agriculture and Environmental Relationships.
 4. Impulses within the transcendental field: In this new paradigm, man gains access to the internal dynamics of nature's functioning, placing himself at the control point of all farming activities.
 5. Wholeness moving within itself: When man becomes an integral part of Nature by aligning himself with Total Natural Law, then the actions of nature are really the farmer's own actions, and the farmer's needs are automatically fulfilled by nature itself.

Lesson 8: Waking Up Nature's Intelligence in Man

WHOLENESS OF THE LESSON

Maharishi Vedic Agriculture and Environmental Relationships provides the necessary Vedic technologies of consciousness to reconnect man with the source of nature's intelligence and organizing power. Through the practice of transcending, these technologies systematically refine knowledge, experience and perception to give man access to nature's inner mechanics of operation, with their source in the infinite intelligence of the Unified Field of consciousness. Life spontaneously radiates the value of divine intelligence, and all actions receive the full support of Natural Law.

MAIN POINTS

1. In Maharishi Vedic Agriculture, development of consciousness is the means of progress to higher levels of success and fulfillment in farming and Environmental Management.
2. The Vedic technologies for transcending, the TM and TM-Sidhi programs, systematically refine perception and physiology to achieve the highest level of coordination between man and nature.
3. In order for action to always be successful, it must be spontaneously right. This is only possible when the farmer's actions are in complete accord and harmony with the greater intelligence of the environment around him. This perfect harmony and coordination is the key to removing conflict and imbalances in and with the environment.
4. In order for Maharishi Vedic Agriculture and Environmental Relationships to be comprehensively effective, it is necessary to uplift the whole collective consciousness of society. When this becomes a reality, then Natural Law functions fully and nourishes all its expressions, like a mother nourishes her family. The fullness of expression of Natural Law is dependent on the level of coherence and evolutionary action in human society.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Development of consciousness is fundamental to spontaneously acting in harmony with Natural Law, which in turn leads to successful and fulfilling interactions with Nature.
 2. Being in tune with the full range of Natural Law from gross to subtle to transcendent, by refining our perception through these levels of Natural Law, allows us to fully imbibe nature's style of functioning into our own individual actions. Then our actions are backed by the full evolutionary potential of Natural Law,
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3. Transcendental Consciousness is the foundation for developing higher states of consciousness, where this transcendental value of consciousness permeates waking, dreaming and sleeps states of consciousness.
 4. Impulses within the transcendental field: With regular practice of transcending, we become familiar the dynamism inherent in the silence of pure consciousness, realizing that consciousness is both infinitely silent and infinitely dynamic.
 5. Wholeness moving within itself: In the highest state of consciousness, developed naturally through the regular practice of TM and TM-Sidhi programs, all of life is experienced as a single holistic expression, where human comprehension reaches a level where all the parts of our daily experience are woven into one fabric of holistic awareness.

Lesson 9: Waking Up Nature's Intelligence in the Farming and Natural Environment

WHOLENESS OF THE LESSON

The focus of Maharishi's Vedic Technologies of Consciousness in Vedic Agriculture is to enliven and make available the full range of natural law in the plants, in man and in the environment. This enlivenment is enhanced through the Maharishi Yagya Program, which provides specific Vedic recitations at each of the 8 growth and transition stages in the life cycle of the plants. By this means, those specific laws of nature required for maximum growth and development at that point in the plant's lifecycle are administered and incorporated, and when the plants development is complete, nature's full intelligence is alive in the plant.

MAIN POINTS

1. In Maharishi Vedic Agriculture, the intelligence of Natural Law is supplied to the plants from the recitation of specific vedic mantras or vedic vibrations, administered by Maharishi Vedic Pandits, trained to recite from the level of pure consciousness.
2. The application of Vedic intelligence in the life cycles of plants is most effectively administered if the specific intelligence is supplied during the transition state from one stage of life to another, where the consciousness of the plant is fully open to all possibilities.
3. Yagya is based on the dynamic relationship between name and form, sound and structure, intelligence and matter, function and structure. In this case, the intelligence contained within the vibration or resonance of the mantras, is the complete intelligence required to create the appropriate form in its perfect expression.
4. Maharishi Yagya is a very specific and scientific procedure, taking into account the energy and intelligence inherent in sound, the increased power of Natural Law at deeper time/distance scales, and the ability to transform anything into anything through the proper application of the Laws of Nature.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE

1. Yagya is a Vedic technology of transformation through subtle sound, and its inherent energy and intelligence.
 2. For yagya to be effective, it must be a consciousness-based technology, with the pandits who administer it fully established and proficient in reciting from all four levels of speech—*Baikari, Madyama, Pashyanti, and Para*—*speaking, thinking, feeling, transcendent*.
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3. Transcendental Consciousness is the foundation for the successful performance of yagya because, only from this level of all possibilities, is the necessary energy and intelligence available to transform anything into anything.
 4. Impulses within the transcendental field: True yagya is performed within the field of the transcendent. The Pandits experience the unmanifest value of the mantras and their corresponding Devata within the field of their own pure consciousness.
 5. Wholeness moving within itself: Transcendental consciousness is the source, course, and goal of yagya. In the authentic Vedic performance, everything takes place within the wholeness of awareness of the individual Pandits, and within the consciousness created by their collective performance.

Theme 3: The Life Changing Role of Food in Our Lives: Pure, Vital, Intelligent Food as a Means of Developing Full Human Potential: Vedic Food for Vedic Consciousness

Lesson 10: What is Food? Why is food so Important? How Does Food Quality and Purity Effect Consciousness, Physiology, Behavior and the Environment

WHOLENESS OF THE LESSON

“Food is that experience which satisfies...” – Maharishi

Food is of primary importance in determining the quality of our consciousness, mind, body, and behavior. The enlightened theory of science today is that it is not the physical substances of food alone that nourish us, but a more important factor -- the organizing, or form-developing activity-the intelligence, or consciousness value in the food that promotes the evolution of all living organisms

The intelligence structured in our food, which depends on how it is produced and nurtured, connects us with the intelligence of the quality of Natural Law that was lively in the farming environment.

MAIN POINTS

1. “Mind depends on the quality of food that we eat.” “The food that we eat, the devata, or intelligence factors within our physiology, that food they also eat.” -- Ramayana
2. Food is a vital link between man and nature. It is a bridge for the intelligence of nature to come into the human physiology. This link is really a link of consciousness. It's the consciousness of the plant that determines the physiology of the plant, and it's the physiology of the plant that determines the physiology of the person who consumes it, and the physiology of the person determines their quality of their consciousness. So food is a link between the consciousness of nature and the consciousness of man.
3. Thus the quality of intelligence or the fullness of Natural Law in the food determines the extent to which our bodies can function in full accord with Natural Law.

4. All of the religions and cultures around the world have rules for proper production, preparation, and consumption of food as central to their teachings. This demonstrates a global understanding of the essential importance of food for all aspects of life, particularly righteous or dharmic living.

5. There are many factors which determine the quality of food. Essentially, those factors such as purity, freshness, full ripening, are only the foundation. Every point of the process from production to consumption contributes the vitality and essential effect of the food. How the money was earned that purchased the food has an effect, how the cook prepared the food, with what kind of feelings, is essential, and how the recipients of the food express their gratitude in some form of prayer before eating is the final major factor.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. The quality of food determines the quality of mind, physiology, behavior, and environmental relations.
 2. There are many subtle factors which contribute the quality of food. It's not only the physical factors in the farming process, but the mental, emotional, and spiritual factors, which all contribute the final essence the quality of the food
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3. Transcendental Consciousness is the ultimate pure food, because it is that experience which give ultimate satisfaction and nourishment.
 4. Impulses within the transcendental field: Purity has many subtle and refined aspects to it. It is the qualities within the consciousness of the plants and the environment that helps structure the final purity of the food.
 5. Wholeness moving within itself: The whole farming environment is really the move of consciousness within itself. Everything is an expression of consciousness, and its physical expression is just the result of the dynamics of consciousness moving within itself.

Lesson 11: Evolving Food Production from Chemical-Based, to Organic, to Maharishi Vedic Organic

WHOLENESS OF THE LESSON

Modern agricultural practices are based on partial, fragmented knowledge of Natural Law. They are short sighted, and do not take into account the intricate and balanced wholeness of the ecosystem, nor do they consider or future implications from today's action. Organic agriculture goes a long way towards remedying the lack we find in chemical agriculture, by caring for the soils, and the environment, and using natural means for fertility, and farm management. But only Maharishi Vedic Organic Agriculture takes into account Total Natural Law, the full intelligence of nature, to bring food production to its highest level, creating a quality of food capable of developing full human potential.

Every aspect of life is based on the structure of nature's intelligence as reflected in Veda, and whatever the farmer or environmentalist does must support and enrich that structure. The structure of the Veda in the soil, in the plant, in the plant's growth, in the production of plant metabolites, and therefore also in human physiology must be supported. This supreme value of agriculture can be achieved through Maharishi's technologies of Consciousness, Vedic Yagya, and appropriate farming methods.

MAIN POINTS

1. In the past, chemical based agriculture has created a lot of problems – 94% of the world's soils are degraded. Understanding this gives us a basis on which to build a better agriculture.
2. Modern organic farmers and gardeners have developed methods to 'do less and accomplish more', by reducing interventions, not causing problems, and improving the soil year by year.
3. Maharishi Vedic Organic Agriculture brings agriculture to its supreme level of expression, where Natural Law itself is the true farmer, and the farmer moves in accord with the universal intelligence of nature itself. Every aspect of farming and gardening can now be according to the universal principle of least action, in accord with the structure of the Veda as it is expressed at every level of life.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Current chemical approaches to agriculture, based primarily on profitability and market convenience, create permanent hazards in the environment, and serious compromises to the good health of the nation
 2. Organic agriculture beautifully overcomes many of the shortcomings of chemical agriculture by using natural methods in harmony with the intricate balance in the farming environment.
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3. Transcendental Consciousness is the field of Total Natural Law, established in which, the farmer expresses nature's intelligence in his farming, and thus farms without out mistakes or problems.
 4. Impulses within the transcendental field: Everything we see in the natural world around us has its origin in the internal dynamics of consciousness, the physical being a further expression of its transcendental source.
 5. Wholeness moving within itself: The whole farming environment must be a perfect, balanced, and coordinated expression of the intelligence at its source.

Lesson 12 Making Sure It's Pure: The Maharishi Vedic Organic Agriculture Standards and Certification Program—Establishing Criteria for Food that Nourishes the Physiology Towards Higher States of Consciousness

WHOLENESS OF THE LESSON

Vedic Food is pure, fresh, fully ripened and grown in accord with all the Laws of Nature. These four qualities ensure that the food will be fully evolutionary and productive in creating higher states of consciousness. Maharishi Vedic Organic Agriculture Institute has been established to set and monitor certification standards for Vedic food, to ensure that the true Vedic standards are realized, to promote research on the value of Vedic food, and to create educational programs to share this knowledge with the farmers of the world.

MAIN POINTS

1. In order for Vedic food to be truly pure, the principle of purity must be maintained throughout the production, processing, preparation and eating of the food. At every stage, it is possible to add the purity and quality to the food.
2. Throughout the lifecycle of the plant, the laws of nature are active to develop the full intelligence of nature in the maturing plant. This is the reason why each food crop must be fully ripened in its native habitat, so that that full intelligence of Total Natural Law is imbibed in the food
3. Food is alive and dynamically growing up to the point of harvest. At that point, cut off from its source of life energy and vitality, food begins to deteriorate. For maximum value, fresh food should be eaten within three days of harvest.
4. In order to set and maintain global standards for Vedic food, the Maharishi Vedic Organic Agricultural Institute was established. Beyond certification and standards, the Institute will also be involved in research and education programs in the field of Vedic agriculture.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. To be considered vedic, food must be fresh, pure, fully ripened, and grown in accord with all the laws of nature.
 2. The value of food is not measured simply on the physical level of vitamins, minerals and proteins. It is the inner vitality and intelligence of the food which really makes a difference in health and evolution. These factors must be taken into consideration when considering the value of food.
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3. Transcendental Consciousness is the ultimate value of purity, freshness, and fullness. It is the home of all the laws of nature.
 4. Impulses within the transcendental field: it is the unmanifest values of intelligence which structure all physical expressions. The quality of the physiology and structure of our food is determined from within the consciousness of the plant that produced it.
 5. Wholeness moving within itself: the quality of wholeness, is the quality of fullness moving in an evolutionary direction. When the food is Vedic food, it embodies that wholeness, that totality of natural law, which allows us, when we partake it, to move in a fully evolutionary direction and gain higher states of consciousness.

Lesson 13: Enlivening Total Natural Law in Awareness and Physiology: Vedic Food for Vedic Consciousness

WHOLENESS OF THE LESSON

Human physiology is the complete and perfect embodiment of Total Natural Law. Since the intelligence of total natural law is expressed in the Veda and Vedic literature, we can say then that the human physiology is the physical embodiment of the intelligence contained in the Veda in Vedic literature. This knowledge gives us a tool to create a quality of food, using the mantras of the Vedic literature, to imbibe total natural law in the food, and create a quality of food that will create Vedic consciousness.

The Vedic literature is thus a tool to administer nature's total intelligence to the plants, creating food that has the capacity to create a Vedic physiology, a physiology living full human potential.

MAIN POINTS

1. Human physiology is the expression of nature's fundamental intelligence and organizing power.
2. We can enliven nature's full intelligence in the physiology through Vedic food, food which has been cultured in the full range of natural law.
3. Vedic food creates a vital link to reconnect a man to his full cosmic potential.
4. Man is the key link in creating an environment where natural law is fully alive and vibrant. When man creates coherence within his own consciousness, he enlivens that coherence in the farming environment. In such an environment, natural law becomes fully awake in its total value, and is then expressed in the physical structures of creation. By creating food in an environment fully enlivened in natural law, such food can help to create coherence within the human physiology, which in turn enhances a further progression of this cycle, spiraling upwards until the full value of natural law is lived in human life.

UNITY CHART

CONNECTING THE PARTS OF KNOWLEDGE WITH THE WHOLENESS OF KNOWLEDGE:

1. Human physiology is the expression of the Veda and Vedic literature, which is nature's fundamental intelligence and order organizing power.
 2. Man, the environment, the laws of nature, and food are intimately linked in the progressive cycle. Each enhances the expression of the other until the fullness value of all three are realized.
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3. Transcendental Consciousness: is the home of all the laws of nature, and the home of the unmanifest values of the veda and Vedic literature, which in turn are expressed in their physical values as the human physiology and the environment.
 4. Impulses within the transcendental field: the Veda and Vedic literature are really only unmanifest impulses within the transcendental field of consciousness, and they are the blueprint for the human physiology.
 5. Wholeness moving within itself: when we look at the intricate and progressive cycle of expression and manifestation between the physiology of man, the environment, the expression of the laws of nature, we see that all three are truly only aspects of the field of consciousness itself, and all of nature's interactions and expressions are all happening within wholeness.

THEME 4 : Consciousness-Based Agriculture and Environmental Relationships in the Global Environment: Creating Enlightened Individuals for an Ideal Society and a Balanced Global Environment

Lesson 14: Maharishi's Vision for Global Agriculture in a Sustainable Environment: From Micro to Macro—Integrating Maharishi Vedic Agriculture and Environmental Relationships into our Collective Lives—Creating an Ideal Society through Healthy Farmers, Healthy Food, Healthy Environments, Healthy Societies, and Invincible Nations

WHOLENESS OF THE LESSON

Because Vedic Agriculture and Environmental Relationships act from the fundamental basis of all of nature and its expressions, it is a simple and comprehensive tool to enhance the entire global farming environment. With nature's full creativity lived personally in the farmer's life, the farmer can create wealth, health and self-sufficiency, making his nation truly invincible.

MAIN POINTS

1. Maharishi Vedic Organic Agriculture can be applied to balance and nurture the entire global farming environment, because it deals with the most fundamental level of nature's functioning, the basis for the complex and intricate science of agriculture and the environment.
2. The unused and underused land assets of every nation provide a simple key for eliminating poverty. Through the Maharishi's technologies of consciousness, the creativity of farmers can be increased, and the environment can become balanced and supportive, growing wealth and health for both the farmer and the nation.
3. Maharishi Vedic Agriculture is a key to creating self-sufficiency in any country by providing all of the food and product resources necessary to make a country wealthy, healthy and wise. Vedic agriculture, by creating self-sufficiency, creates invincibility in the nation.
4. To be a Vedic farmer means to be a farmer in tune with the nurturing intelligence of total natural law. A Vedic farmer spontaneously acts in a way that supports both himself, his family and the full environment. To be a Vedic farmer is to enjoy nature's blessings for creating wealth, health and self-sufficiency.

UNITY CHART
CONNECTING THE PARTS OF KNOWLEDGE
WITH THE WHOLENESS OF KNOWLEDGE:

1. Maharishi Vedic Organic Agriculture and Environmental Relationships can balance and nourish the entire agricultural environment by acting from the source of natural law where all the complex factors involved in the practice of agriculture can be coordinated and managed.
2. Poverty in any nation is an indication of the lack of development of the full creativity of its people. Through the Transcendental Meditation and TM-Sidhi programs, man can learn to act in accord with natural law, using the infinite creativity of natural law to create wealth from the natural resources of the nation, and poverty can become a thing of the past.

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3. Transcendental Consciousness: is the source of all wealth, because infinite wealth can be created using the intelligence and organizing power of total Natural Law, available within every man in his own transcendental consciousness
 4. Impulses within the transcendental field: the creativity of nature is infinite, in his full potential is lively within the field of consciousness itself. When the highest value of consciousness is realized, all of the laws of nature are at I'm back in command.
 5. Wholeness moving within itself: nature is infinitely fulfilled within itself, there is no lack in the infinite potential of consciousness and its expressions. When our awareness is lively in that wholeness, then we share the same fullness that nature is.

Lesson 15: Integrating Knowledge and Experience into a Holistic Perception of Agriculture and the Environment—Vedic Agriculture and Environmental Management as Total Knowledge

WHOLENESS OF THE LESSON

Maharishi Vedic Organic Agriculture is really the knowledge and experience of wholeness. It is the full infusion of *Atma* into the *Vishwa*. Vedic Agriculture is agreeing with the culturing intelligence of Total Natural Law, and then letting Natural Law guide and support all our farming activities.

MAIN POINTS

Maharishi, Parliament of World Peace, Brahmastan of India, 2006

1. **What is the culturing agency?** Natural Law. What part of Natural Law? Total Natural Law. Total Natural Law is the culturing agency, is the culturing intelligence. Total Natural Law is Veda. Veda is Total Knowledge. Knowledge of what? Knowledge of everything. 'Everything' we sum up in terms of two values—silence and dynamism. So Total Knowledge of silence and Total Knowledge of dynamism and both these values in togetherness, in the state of unity—this is the culturing agency, culturing intelligence. Agri-culture: agreeing with the culturing agency; agreeing with that which cultures. And what did it come out it to be? Unmanifest.
2. **A farmer is a devotee of *Brahm*.** Whether we say he is a devotee of his field, of his crop, of all the implements that he uses, all the ceremonies that he performs, however he attends to the field, or to the crop—**whatever he does, he is cultivating Total Natural Law. He is cultivating Brahm. The field, the crop, caring for it, the watering process—they are all the levels of devotion to the Supreme Reality, to *Brahm*— devotion to *Brahm*.**
3. The *Anna*, the grains, are food. *Annam*—food—in the Vedic Literature, *Annam Brahm*. Totality is *Ann*. Totality is agriculture. That means whatever we see, the material aspect of agriculture, the fields and the grains, and all this system of sowing the seeds and raising the crop and properly protecting it from rain, and all these different procedures to raise the grains is a process of culturing *Brahm*. *Ann* is *Brahm*. The product of agriculture, though concrete, physical, in essence, it is Total Knowledge.

4. **Why agriculture is the subject of Total Knowledge.** The agency that expresses the language, expresses the physiology, expresses the whole ever-expanding universe is culturing intelligence. So the subject of agriculture is the subject of Total Knowledge.
5. **What is that culturing agency in terms of sound?** It is *a* ((A), it is the first syllable of Veda, it is the total sound of *Ātmā*, total sound of pure knowledge, total sound of organizing power of Total Knowledge.
6. *Syaan-karma-samuchchaya*. That is togetherness of Total Knowledge and total action principle, Total Knowledge and its total organizing power. **Putting these together is what can define the word 'agriculture' for its realistic value.**
7. **Agriculture is a devout study of Totality, of *Brahm*, of Total Knowledge, of that Supreme Transcendental Reality which is omnipresent. Being transcendental it is beyond space and time.** The field, and the crop—they do not *seem* to be beyond space and time. But it is, in reality, (they are the) subjectivity beyond space and time, and this objectivity, which is open to senses and remains within space and time. It is beyond, and it is not beyond. It is unmanifest and it is manifest. As manifest, it is open to sensory perception. As unmanifest, it is open to ego. Unmanifest is open only to ego. All that is open to mind, open to intellect, they all have relative values—sensory perception, mental perception, intellectual perception. And Transcendental Reality is transcendental to the individual ego. It is Cosmic. Beyond all space and time. Beyond all space and time is *Brahm*.
8. **Agriculture is pure spirituality. It is a practical thesis of totality of life.** This is Vedic Agriculture. This is the product of agriculture. This is the use of the product of agriculture—this *Ann. Annam Brahm. Ann is Brahm, food is Brahm.*
9. **The fundamental, eternal process of transformation, from that value of Totality, which in its totality is unmanifest—to all degree of manifestations everywhere, everywhere, everywhere.** This is the field of agriculture.